Knowledge is Power

Supporting community-led action research

Reflecting/evaluating

Gather evidence, research and make observations of our action: What happened? Did it 'work'? Did anything

unexpected happen?



Action

Now we implement our action that will (we hope) lead to the change we want to see

The Action Research Cycle

Identify an issue or concern

What is a pressing concern for the community? What are we doing (e.g. providing a support or service) at the moment that we might need to change or improve?



Planning

Devise a plan of action for the research. Who will be involved? What methods will we use? What resources and capacity do we have?



Collect and analyse data

Going out into the community to conduct the research and analysing/interpreting the data.

Planning

Based on research and understanding, what action are we going to take and what is the change we want to see? How will we take the action? Who else will take action with us and what resources will we need?