

Knowledge is Power – Taking Up Sophie's Fight

Knowledge
is Power



Supporting Community Led Action Research in Scotland



Background

https://www.youtube.com/watch?v=VxellOoAl_I

“ Although when we wrote the script for the play, Sophie was not based on any person, once delivered, it suddenly became everyone’s story, a story everyone could relate to.”

Getting Started

Knowledge
is Power

KNOWLEDGE IS POWER –

THE INVITE

- **THE APPLICATION**
- **THE ARCHIVES**

Planning Design and Research

- ▶ THE KIP TOOLKIT
- ▶ THE IMPACT OF COVID AND LOCKDOWN RESTRICTIONS
- ▶ RE – EVALUATION
- ▶ CONNECTING SCOTLAND

Designing the Research Questionnaire

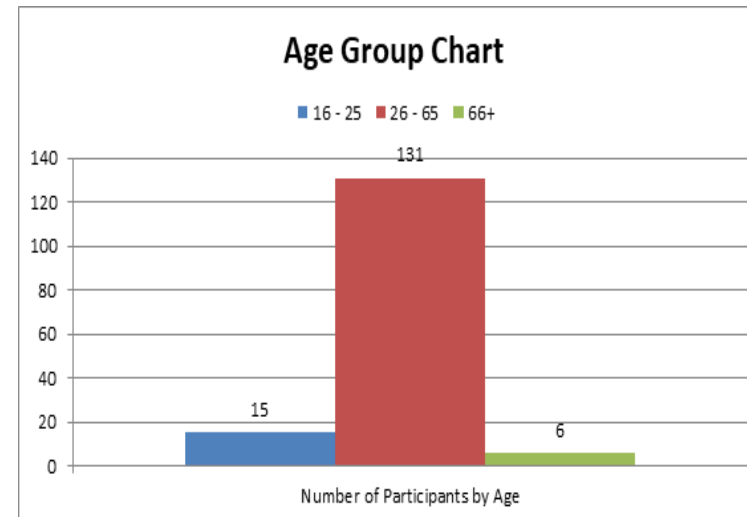
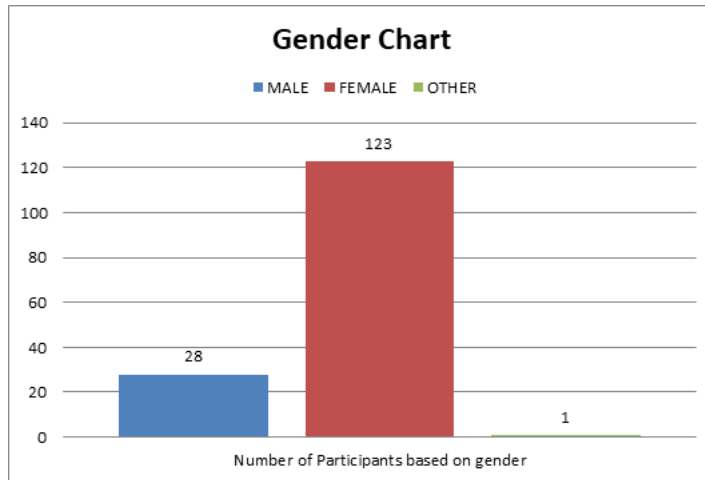
- **Working in Partnership**
- **Questions developed**
- **Support from media expert,
Google form and survey
produced**

Carrying out the Research

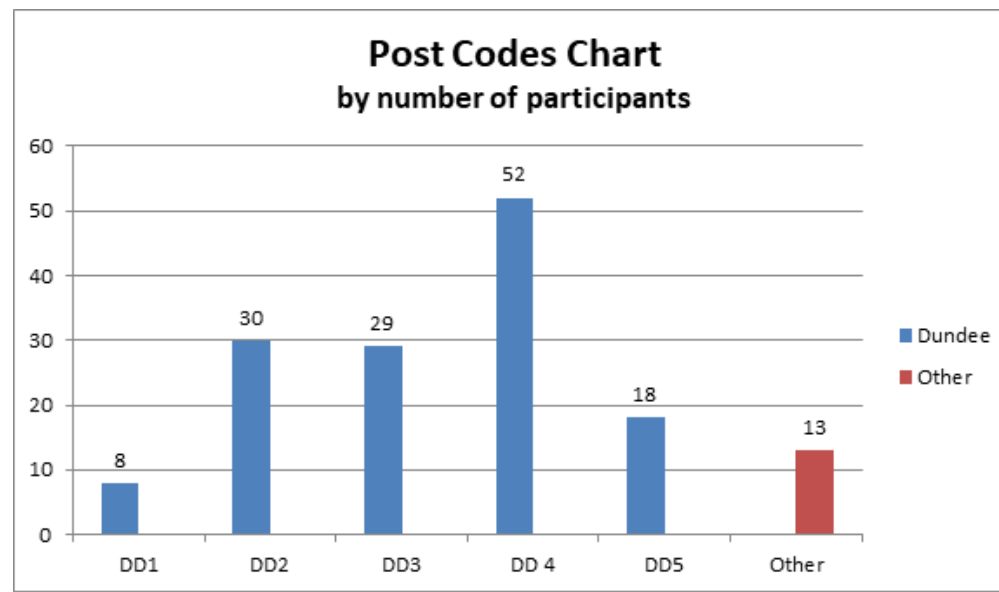
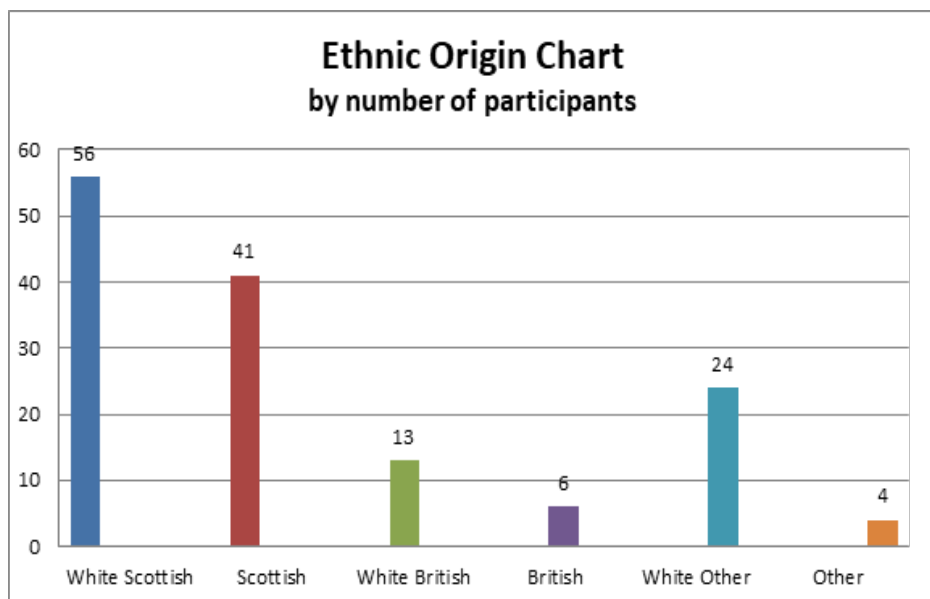
- **Overcoming the Challenges**
- **Creating Opportunities**

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Our Research Findings – Initial Data

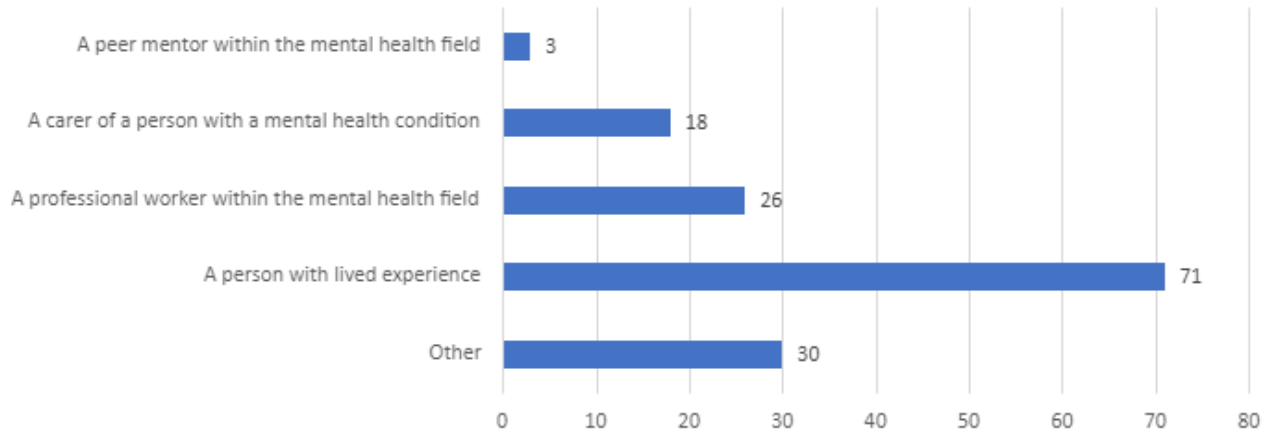


Our Research Findings – Initial Data

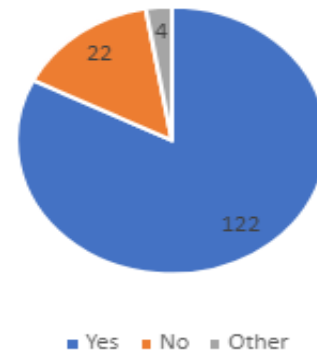


KIP Survey Results

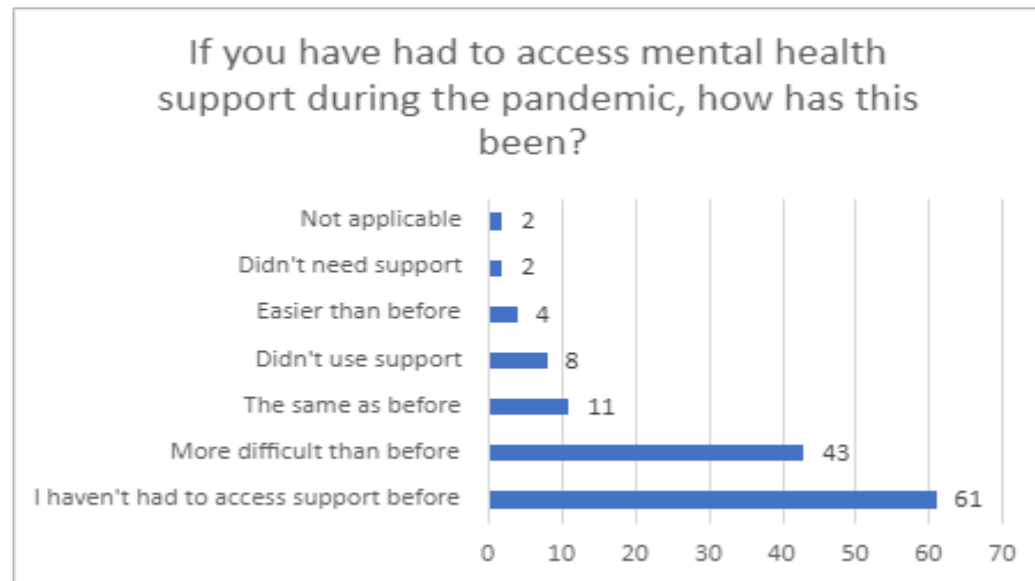
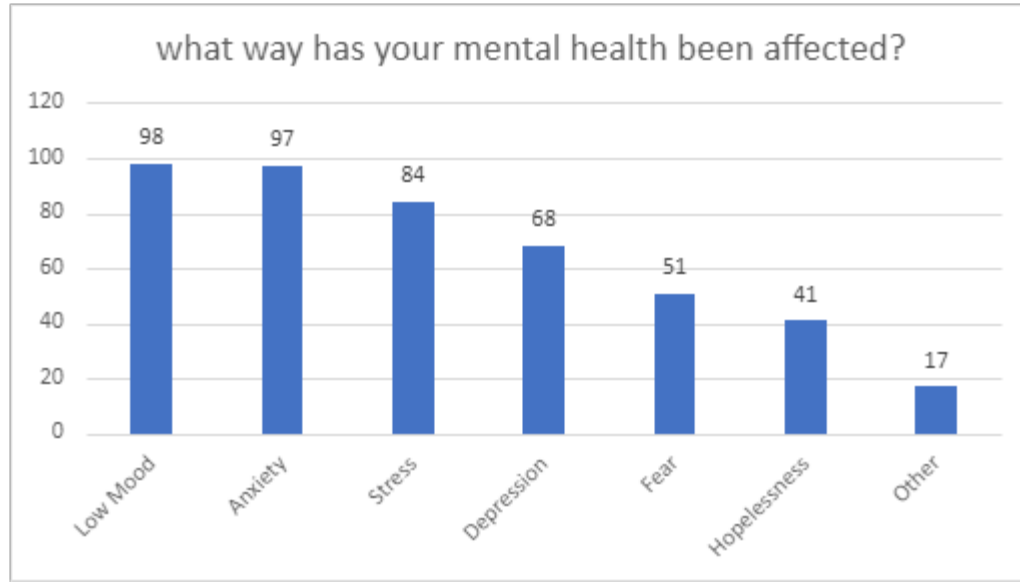
How would you describe yourself?



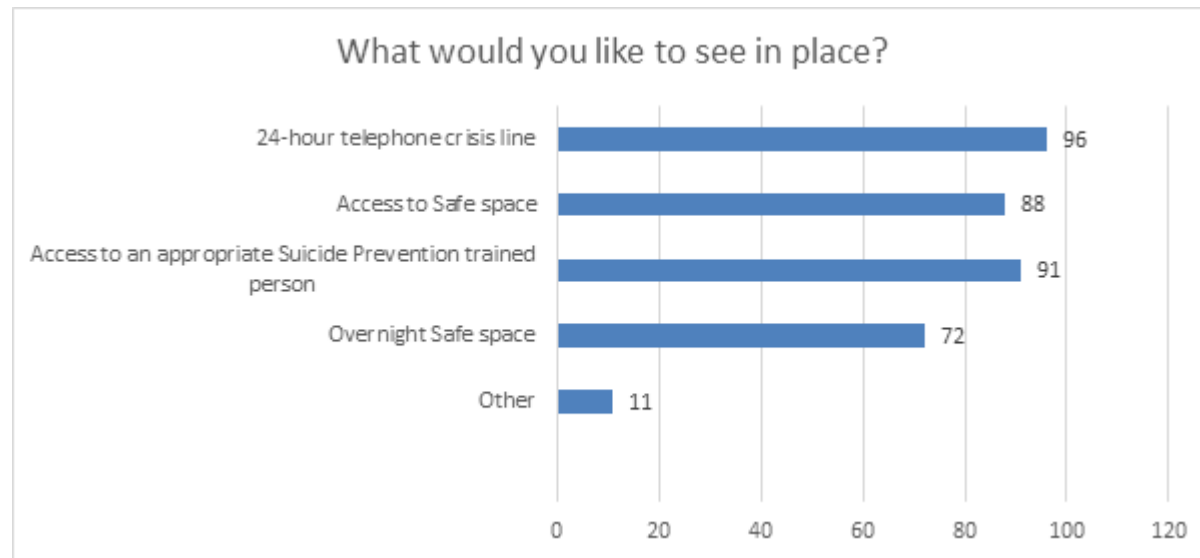
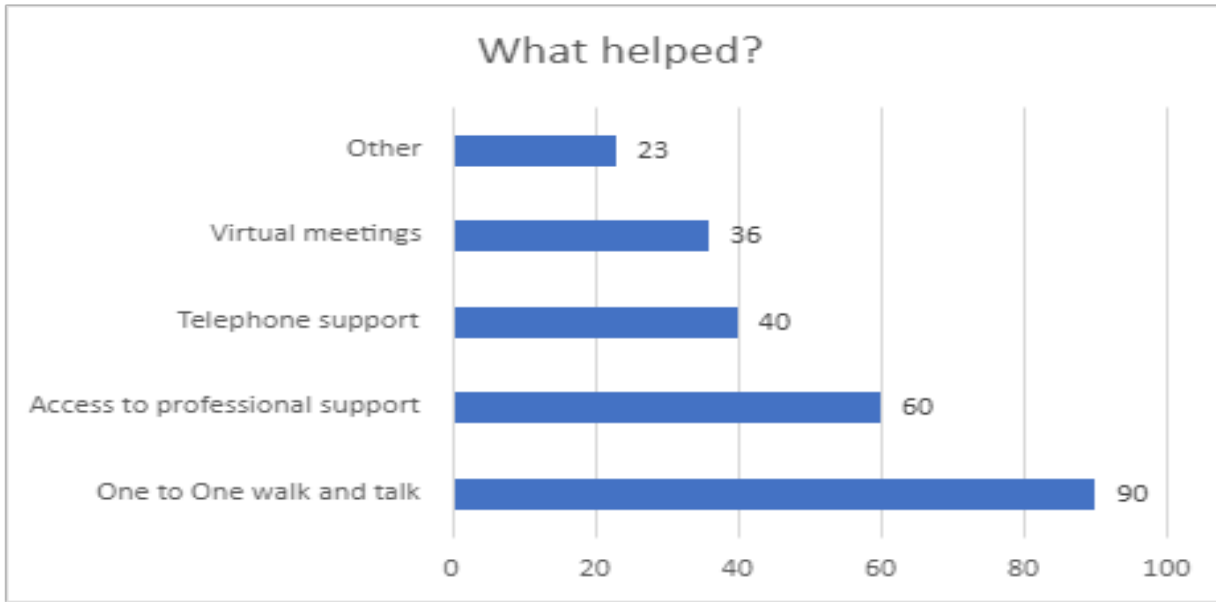
Has your mental health been affected by the pandemic?



KIP Survey Results



KIP Survey Results



Our Research Findings

- **Giving local people a voice**
- **Continued networking**

What we Learned

- **Funding access**
- **Creating new opportunities**

Our Journey and Where to Now!

Thank You Any Questions