# Knowledge is Power a rookie researchers report!!







Glasgow workshops inspired and informed our plans.

With an existing Peer Group we agreed the topic they wished to research —

How trusted do you feel in making decisions on how you spend your direct payment budget

#### and then wham! - Pandemic

We had to rethink and it was clear we needed to form another group for practical reasons

Group two – 8 people replied to email/social media shout out & we were off again.

Laura our mentor joined the online group meetings and provided training as well as support to keep going.

Our research question was agreed and methods discussed.

Shetland social events and venues should be more inclusive for all disabled people



We ran a series of adverts online in Shetnews and Shetland Times as well as across social media.

Shetland's Social Events and Venues should be more inclusive for all Disabled People Your input is vital to make useful change



We also commissioned an easy read version and distributed paper copies .



Next we brought in support to help produce the analysis of the data we had received – this was a critical part of the project, which assured the rigour of the process through to publication.

Again the support and the finance from the KIP project team have made this process and end result possible.

Here is a sneak preview of few pages of the report :-



## SHOW ME THAT YOU THINK OF ME

A challenge to those who host and deliver leisure and cultural activities in Shetland

Research with those living with a disability reveals the challenges and reality of trying to be a part of Shetland's rich and varied cultural and leisure opportunities, but also reveals reasons to be hopeful.

Almost half of all disabled survey respondents said they are not confident to attend social events and venues in Shetland.

Two-thirds of disabled respondents said they never or rarely attend social events or venues in Shetland.

"As a person with a disability you just want to live your life and for things to work for you.

Sadly they often don't"

### Key findings DRAFT

#### Barriers to participation can include:

- A lack of practical assistance which can be apparent when queuing for and navigating during an event or venue.
- Insufficient or no advance information about accessibility or event or venue design.
- No quiet or safe spaces where people can escape to for some relief during a busy or noisy event.
- Physical barriers to access which begin with transport but also include poorly designed steps and doorways and no accessible or changing places toilets.
- Poor knowledge or awareness amongst staff or volunteers of the challenges and needs of people living with a disability.
- There are no incentives for change!

A challenge to those who host and deliver leisure and cultural activities in Shetland:

## DRAFT

# Show me that you think of me

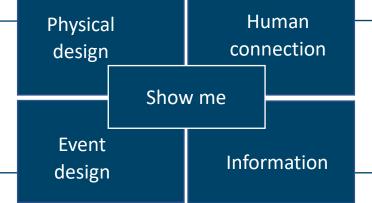
I experience no physical barriers to participation.

Start at transport arrival points, through participation, and end at exit.

All staff I encounter have undertaken disability awareness training.

All staff I encounter are aware of the importance of their role in providing a human connection.

Identify critical moments of interaction, especially pre-participation and during welcome.



I experience no unexpected barriers during an event.

I can find a quiet space if I am experiencing difficulties.

Ensure venue's valuable assets are maintained or enhanced, not diminished, during one-off events.

I have access to the information I need to help me before and during participation.

Identify information required to support decision-making in advance and ensure clear signage.

We are now finalising the report and recommendations and hope to publish this by end of August 22.

We know that the action research is a highly valuable piece of work for Shetland and we look forward to seeing how it will be used by many people and organisations to evidence need for change.

We will definitely continue to use the tool kit and have reflected on the early usage of the VOICE tool.

Out thanks to all the Knowledge is Power Team for keeping the faith

